

TIMETABLE		FRIDAY - 21.09.2018			
Start	Serie	RUNNING	Sector	JUMPING	THROWING
8:00					Hammer W50+ & M80+
9:00	1	5000m W60+ & M70+			Javelin W60+
9:30				Pole Vault W35+ & M60+	
10:00	1	5000m W (35,40,45,50,55)			Shot put M80+
10:45	1	5000m M (60,65)		Pole Vault M (35,40,45,50,55)	
11:30	1	5000m M (50,55)			Javelin W (50,55)
12:15	1	5000m M (35,40,45)			Shot put M (70,75)
13:00				High jump W35+ & M75+	Hammer M (60,65)
13:15	1	400m hurdles W40			
13:20	1	400m hurdles M (35,40)			
13:30	1	400m hurdles M45			
13:40	1	400m hurdles M (50,55)			
13:55	1	300m hurdles W50 & M (60,65)			
14:05	1	300m hurdles M (70,75)			Shot put M (35,40,45)
14:10	1	200m hurdles M80+			Hammer W (35,40,45) & M (70,75)
14:30	OPENING CEREMONY				
15:00	2	100m W (35,40,45)		High jump M (60,65,70)	Shot put M (50,55)
15:15	2	100m W (50,55)			
15:30	3	100m W60+			Hammer M (50,55)
15:50	3	100m M (35,40)			
16:10	2	100m M45			
16:20	2	100m M50			
16:30	2	100m M55		High jump M (50,55)	
16:40	2	100m M60			
16:50	2	100m M65			Hammer M (35,40,45)
17:00	2	100m M70+			Shot put M (60,65)
17:10	3	800m W35+			
17:30	2	800m M70+		High jump M (35,40,45)	
17:45	2	800m M (60,65)			
18:00	2	800m M (50,55)			
18:15	3	800m M (35,40,45)			Javelin W (35,40,45)
18:30		4x100 W			
18:50		4x100 M			

TIMETABLE		SATURDAY - 22.09.2018			
Start	Serie	RUNNING	Sector	JUMPING	THROWING
8:00					Discus W70+ & M80+
8:15	1	5km walk W35+ & M60+			Weight M (70,75)
9:00			A	Long jump W55+	Discus W (55,60,65)
			B	Long jump M75+	
9:20	1	5km walk M (35,40,45,50,55)			
10:00			A	Long jump W (45,50)	
10:15					Discus W (35,40,45,50)
10:30			B	Long jump M (65,70)	Weight M (60,65)
10:45	2	400m W (35,40)			
11:00	2	400m W 45+	A	Long jump W (35,40)	
11:20	2	400m M35			
11:30	3	400m M (40,45)			Discus M (35,40,45)
11:45	1	400m M50			
11:50	3	400m M (55,60)			Weight M (50,55)
12:00			A	Long jump M35	
			B	Long jump M40	
12:10	2	400m M65			
12:20	3	400m M70+			
13:00	1	80m Hrd W (40,45)			
13:10	1	80m Hrd W (50,55) & M70			
13:20	1	80m Hrd W60 & M80+			Weight M (35,40,45)
13:30	1	100m Hrd M (60,65)			Discus M (50,55)
13:40	1	100m Hrd M (50,55)			
13:50	1	110m Hrd M (35,40,45)			
14:15	2	1500m M (35,40,45)			
14:30			A	Long jump M45	
			B	Long jump M50	
14:40	1	1500m M (50,55)			Weight W (35,40,45,50)
14:55	2	1500m M60+			
15:00					Discus M (60,65)
15:15	1	1500m W (35,40,45)			
15:30	1	1500m W50+			
16:00	1	2000m steepl W (35,40,45,50,55)	A	Long jump M55	Weight W (55,60,65)
		2000m steepl M (60,65)	B	Long jump M60	
17:00	1	3000m steepl M (35,40,45,50,55)			Discus M (70,75)
					Weight W70+ & M80+

TIMETABLE		SUNDAY - 23.09.2018			
Start	Serie	RUNNING	Sector	JUMPING	THROWING
8:00					Javelin M80+
8:30					Shot put W70+
8:45					Javelin M (70,75)
9:00			A	Triple jump W35+	
			B	Triple jump M75+	
9:15					Shot put W (60,65)
9:30	1	Half marathon W35+ & M35+			
10:00	2	200m W65+	B	Triple jump M70	Javelin M (60,65)
10:10	2	200m W (50,55,60)			
10:20	2	200m W (35,40,45)			
10:30				Triple jump M (35,40,45)	
10:40	1	200m M80+			
10:45	1	200m M75			Shot put W (50,55)
10:50	3	200m M (65,70)			
11:10	2	200m M60	B	Triple jump M (50,55)	
11:25	3	200m M (50,55)			
11:30					Javelin M (50,55)
11:45	2	200m M45			
11:55	2	200m M40			
12:00			A	Triple jump M (60,65)	
12:10	2	200m M35			
12:40		Balkan Relay W			Shot put W (35,40,45)
13:15		Balkan Relay M			
13:30					Javelin M (35,40,45)