

BALKAN RECORDS - WOMEN

Balkan Masters Athletics Alltimes Outdoor Records

Updated at: 17.03.2026.

Updated by: Odysseas Agros, M.Bora Teoman, Nikolaos Arvanitis,Ventseslav Ivanov, Danut Dobrescu,Ersin Ata,Ivan Puksar

Event	Impl.	Categ	Result	Name / Surname	Country	Birth Date	Date	Location	Meeting Name	Observations
100m		F35	11.08	Ivet LALOVA COLLIO	BUL	18.05.1984	25.08.2019	Madrid,ESP	International meeting	
100m		F40	11.09	Merlene OTTEY	SLO	10.05.1960	03.08.2004	Liege, BEL	International meeting	
100m		F45	11.34	Merlene OTTEY	SLO	10.05.1960	08.08.2006	Glasgow, GBR	International meeting	
100m		F50	11.67	Merlene OTTEY	SLO	10.05.1960	13.07.2010	Novo Mesto, SLO	Slovenian seniors championships	
100m		F55	13.37	Renata NOVOSEL	CRO	28.11.1967	08.07.2023	Varazdin, CRO	Croatian championship	w -0.8
100m		F60	14.56	Ileana MOSCOVITS	ROU	25.01.1931	16.09.1995	Istanbul, TUR	BAMACS	
100m		F65	15.83	Sibel TERCAN	TUR	29.11.1959	10.05.2025	Izmir,TUR	Turkiye Olympic Trials	w 0.5
100m		F70	17.01	Aristita EREMA	ROU	24.05.1954	27.09.2024	Bar, MNE	BAMACS	w +0.1
100m		F75	18.37	Rozka STANCHEVA	BUL	02.05.1932	05.10.2007	Plovdiv, BUL	BAMACS	
100m		F80	20.49	Ayse Cicek SOLON SENSOY	TUR	06.04.1943	01.09.2023	Izmir,TUR	BAMACS	w -0.2
100m		F85	21.56	Margareta SUFLETEL	ROU	29.07.1934	20.09.2019	Bucharest, ROU	BAMACS	
100m		F90	27.79	Elena PAGU	ROU	25.07.1926	20.09.2019	Bucharest, ROU	BAMACS	
100m		F95	30.17	Elena PAGU	ROU	25.07.1926	29.08.2021	Bucharest, ROU	Romanian masters championship	w -0.6
200m		F35	22.45	Ivet LALOVA COLLIO	BUL	18.05.1984	03.09.2019	Pravets, BUL	International meeting	
200m		F40	22.72	Merlene OTTEY	SLO	10.05.1960	23.08.2004	Athens, GRE	Olympic games	
200m		F45	23.82	Merlene OTTEY	SLO	10.05.1960	27.08.2006	Banska Bystrica, SVK	International meeting	
200m		F50	24.33	Merlene OTTEY	SLO	10.05.1960	18.07.2010	Velenje, SLO	Slovenian seniors championships	
200m		F55	28.03	Renata NOVOSEL	CRO	28.11.1967	25.06.2023	Celje, SLO	Slovenian masters	w -1.5
200m		F60	32.41	Delka BAKALOVA	BUL	24.08.1944	23.08.2005	San Sebastian, ESP	WMACS	
200m		F65	34.96	Rositsa STAMENOVA	BUL	06.03.1955	25.09.2022	Thessaloniki,GRE	BAMACS	w -0.4
200m		F70	33.18	Rositsa STAMENOVA	BUL	06.03.1955	16.10.2025	Madeira,POR	EMACS	w +1.0
200m		F75	43.38	Maria ENE	ROU	24.11.1938	19.09.2015	Thessaloniki,GRE	BAMACS	
200m		F80	45.01	Maria ENE	ROU	24.11.1938	22.09.2019	Bucharest,ROU	BAMACS	
200m		F85	54.22	Smaragda MANDYLA	GRE	18.01.1940	30.08.2025	Varazdin, CRO	BAMACS	w +1.3
200m		F90	91.99	Veronica NEGREANU	ROU	06.11.1930	29.08.2021	Bucharest,ROU	Romanian masters champ.	w +1.0
400m		F35	53.67	Andriana FERRA	GRE	11.02.1988	02.08.2025	Volos,GRE	Greek Senior Championship	
400m		F40	58.96	Anastasia THOMAIDOU	GRE	30.01.1978	10.06.2018	Athens, GRE	Greek seniors meeting	
400m		F45	57.86	Anastasia THOMAIDOU	GRE	30.01.1978	26.09.2023	Pescara, ITA	EMACS	
400m		F50	65.84	Anna DAFTSOU	GRE	25.09.1970	07.06.2025	Alexandroupolis, GRE	Thracian Games	
400m		F55	66.04	Anna DAFTSOU	GRE	25.09.1970	12.10.2025	Madeira,POR	EMACS	
400m		F60	73.78	Ana JERMAN	SLO	23.04.1952	05.07.2014	Zagreb, CRO	Slovenian masters championships	
400m		F65	83.06	Ana JERMAN	SLO	23.04.1952	22.09.2018	Celje, SLO	Balkan masters championships	
400m		F70	86.0	Ana CHOLAKOVA	BUL	20.05.1934	15.07.2006	Sofia, BUL	Bulgarian masters championships	
400m		F75	94.52	Jozica ROGELJ	SLO	16.02.1947	21.05.2022	Leibnitz, AUT	Interstate Match	
400m		F80	100.41	Maria ENE	ROU	24.11.1938	20.09.2019	Bucharest, ROU	BAMACS	
400m		F85	2:20.05	Smaragda MANDYLA	GRE	18.01.1940	12.10.2025	Madeira,POR	EMACS	
400m		F90	3:57.51	Despina PETRE	ROU	01.09.1921	09.06.2012	Bucharest, ROU	Romanian masters championships	
800m		F35	1:57.25	Doina MELINTE	ROU	27.12.1956	28.06.1992	Hengelo, NED	International meeting	
800m		F40	2:13.69	Anastasia THOMAIDOU	GRE	30.01.1978	12.05.2018	Athens, GRE	Greek seniors clubs championships	
800m		F45	2:15.96	Anastasia THOMAIDOU	GRE	30.01.1978	17.08.2024	Gothenburg, SWE	World masters championships	
800m		F50	2:33.86	Daniela CIOCAN	ROU	13.03.1975	30.08.2025	Varazdin, CRO	BAMACS	
800m		F55	2:42.76	Karolina NIKOLOVA	BUG	15.08.1970	18.10.2025	Madeira,POR	EMACS	
800m		F60	2:51.70	Ana JERMAN	SLO	23.04.1952	22.06.2014	Radovljica, SLO	Slovenian masters meeting	
800m		F65	3:20.02	Ana JERMAN	SLO	23.04.1952	21.09.2018	Celje, SLO	BAMACS	
800m		F70	3:25.46	Maria POP	ROU	15.06.1949	22.09.2019	Bucharest,ROU	BAMACS	
800m		F75	3:35.85	Jozica ROGELJ	SLO	16.02.1947	03.09.2022	Leibnitz,AUT	Steiermark championship	
800m		F80	3:55.27	Maria ENE	ROU	24.11.1938	22.09.2019	Bucharest,ROU	BAMACS	
800m		F85	5:39.21	Smaragda MANDYLA	GRE	18.01.1940	04.05.2025	Kos, GRE	Greek masters Championship	
1500m		F35	3:57.73	Marcica PUICA	ROU	29.07.1950	30.08.1985	Bruxelles, BEL	International meeting	
1500m		F40	4:45.20	Sonia TSEKINI	GRE	07.07.1976	04.07.2018	Argos Orestiko, GRE	Greek seniors meeting	
1500m		F45	4:58.81	Ileana BERES	ROU	30.11.1961	04.08.2009	Lahti, FIN	World masters championships	
1500m		F50	5:15.65	Daniela CIOCAN	ROU	13.03.1975	16.08.2025	Bucharest, ROU	Romanian national championships	
1500m		F55	5:29.61	Ileana BERES	ROU	30.11.1961	30.07.2017	Aarhus, DEN	European masters championships	
1500m		F60	5:59.05	Ileana BERES	ROU	30.11.1961	24.09.2022	Thessaloniki, GRE	BAMACS	
1500m		F65	6:46.2	Stavroula PAPAVALIOU	GRE	25.05.1954	11.10.2020	Thessaloniki, GRE	Greek masters champ.	
1500m		F70	7:00.15	Jozica ROGELJ	SLO	16.02.1947	19.09.2020	Maribor, SLO	Slovenian masters champ.	
1500m		F75	7:15.36	Jozica ROGELJ	SLO	16.02.1947	21.05.2022	Leibnitz, AUT	Interstate Match	
1500m		F80	10:15.86	Smaragda MANDYLA	GRE	18.01.1940	08.07.2022	Tampere,FIN	WMACS	
1500m		F90	18:30.57	Fota STAMATIA	GRE	06.12.1933	06.07.2025	Athens,GRE	Papanastasia meeting	
5000m		F35	15:06.04	Marcica PUICA	ROU	29.07.1950	04.07.1985	Helsinki, FIN	International meeting	
5000m		F40	15:20.59	Elena FIDATOV	ROU	24.07.1960	07.08.2000	Bucharest, ROU	Romanian seniors championships	
5000m		F45	18:07.60	Ida SURBEK	SLO	09.08.1960	28.06.2008	Ljubljana, SLO	Slovenian masters championships	
5000m		F50	19:38.95	Jana KOTAR ILJAS	SLO	13.06.1970	20.09.2020	Maribor, SLO	Slovenian masters championships	

5000m		F55	20:01.62	Eleni STEFANIDAKI	GRE	04.03.1970.	18.05.2025	Ag. Kosmas, GRE	Segas club games	
5000m		F60	21:41.98	Ioana NICA	ROU	07.08.1958	21.09.2019	Bucharest, ROU	BAMACS	
5000m		F65	23:22.4	Stavroula PAVASILIOU	GRE	25.05.1954	11.10.2020	Thessaloniki, GRE	Greek masters championship	
5000m		F70	25:34.16	Jozica ROGELJ	SLO	16.02.1947	21.09.2018	Celje, SLO	BAMACS	
5000m		F75	26:47.63	Jozica ROGELJ	SLO	16.02.1947	23.09.2022	Thessaloniki, GRE	BAMACS	
5000m		F80	39:17.64	Kazimira LUZNIK	SLO	31.08.1934	21.09.2018	Celje, SLO	BAMACS	
5000m		F85	49:28.61	Despina PETRE	ROU	01.09.1921	23.08.2008	Bucharest, ROU	Romanian masters championships	
10000m		F35	31:06.63	Helena JAVORNIK	SLO	26.03.1966	27.08.2004	Athens, GRE	Olympic games	
10000m		F40	33:07.49	Helena JAVORNIK	SLO	26.03.1966	12.04.2008	Istanbul, TUR	European seniors cup	
10000m		F45	37:52.7	Svetlana SEPELEVA	MDA	1969	01.06.2014	Chisinau, MDA	Moldovan seniors championships	
10000m		F50	40:23.54	Eleni STEFANIDAKI	GRE	04.03.1970	14.12.2024	Athens, GRE	Liofilia Games Athens	
10000m		F55	40:36.52	Eleni STEFANIDAKI	GRE	04.03.1970	13.12.2025	Athens, GRE	Liofilia Games Athens	
10000m		F60	46:47.55	Jozica SIFTAR	SLO	18.03.1953	06.09.2013	Zagreb, CRO	BAMACS	
10000m		F65	52:24.89	Lojzka FELICIJAN	SLO	26.05.1943	24.07.2008	Ljubljana, SLO	EMACS	
10000m		F70	59:14.89	Kazimira LUZNIK	SLO	31.08.1934	22.08.2005	San Sebastian, ESP	WMACS	
10000m		F75	57:19.90	Jozica ROGELJ	SLO	16.02.1947	03.09.2023	Izmir, TUR	BAMACS	
21km		F35	1:08:07	Constantina DITA	ROU	23.01.1970	22.10.2006	Chicago, USA	Chicago half marathon	
21km		F40	1:10:32	Helena JAVORNIK	SLO	26.03.1966	19.08.2007	Klagenfurt, AUT	Klagenfurt half marathon	
21km		F45	1:18:18	Ida SURBEK	SLO	09.08.1960	04.10.2009	Bad Ischl, AUT	Bad Ischl half marathon	
21km		F50	1:22:58	Helena JAVORNIK	SLO	26.03.1966	23.10.2016	Valencia, ESP	Valencia half marathon	
21km		F55	1:26:15	Svetlana KAYA	TUR	10.05.1969	01.12.2024	Gaziantep, TUR	Gazi Half marathon	
21km		F60	1:34.13	Mina RAPTI	GRE	31.01.1965	18.01.2026	Aigalia, GRE	Aigalia half marathon	
21km		F65	1:48:05	Hedvika KOTAR	SLO	07.10.1948	25.10.2015	Ljubljana, SLO	Ljubljana half marathon	
21km		F70	1:51:27	Papavasiliou STAVROULA	GRE	25.05.1954	19.10.2024	Thessaloniki, GRE	Thessaloniki International Semimarathon	
21km		F75	2:01:21	Lojzka BRATUSA	SLO	04.06.1939	25.10.2015	Ljubljana, SLO	Ljubljana half marathon	
21km		F80	2:39:08	Helena ZIGON	SLO	13.04.1929	24.10.2010	Ljubljana, SLO	Ljubljana half marathon	
42km		F35	2:21.27	Sultan HAYDAR	TUR	23.05.1987.	03.12.2023	Valencia, SPA	Valencia marathon	
42km		F40	2:28:37	Helena JAVORNIK	SLO	26.03.1966	30.03.2008	Treviso, ITA	Treviso marathon	
42km		F45	2:39:03	Ida SURBEK	SLO	09.08.1960	26.10.2008	Ljubljana, SLO	Ljubljana marathon	
42km		F50	2:54:59	Helena JAVORNIK	SLO	26.03.1966	30.10.2016	Ljubljana, SLO	Ljubljana marathon	
42km		F55	3:00.43	Svetlana KAYA	TUR	10.05.1969	15.12.2024	Mersin, TUR	International Mersin Marathon	
42km		F60	3:39.36	Natalija GULIN	CRO	08.02.1966	12.04.2026	Bratislava, SVK	Bratislava marathon	
42km		F65	3:49:18	Elena TORODII	MDA	22.04.1957	13.10.2024	Bucharest, ROU	Bucharest Marathon	
42km		F70	3:54:21	Lojzka BRATUSA	SLO	04.06.1939	15.05.2010	Radenci, SLO	Radenci marathon	
42km		F75	5:13:06	Voula TZEVELEKI	GRE	30.05.1946	13.11.2022	Athens, GRE	Athens marathon	
100mH	0,840m	F35	13.19	Liliana NASTASE	ROU	01.08.1962	24.06.2000	Bucharest, ROU	Romanian seniors championships	
80mH	0,762m	F40	12.15	Florina MARIN	ROU	05.10.1974	05.07.2015	Bucharest, ROU	Romanian masters championships	
80mH	0,762m	F45	12.00	Magdalena HRISTOVA	BUL	25.02.1977	09.07.2022	Tampere, FIN	WMACS	w 0.0
80mH	0,762m	F50	13.76	Hulya Figen KARADAG	TUR	05.05.1968	30.07.2022	Konya, TUR	Turkish masters championship	w +1.6
80mH	0,762m	F55	13.33	Maria MOURATIDOU	GRE	12.03.1967	06.07.2024	Thiva, GRE	Greek masters championships	w +2.0
80mH	0,686m	F60	16.46	Marcela PACRITA	ROU	20.06.1954	27.08.2014	Izmir, TUR	EMACS	
80mH	0,686m	F65	17.56	Kamuran SONMEZ	TUR	15.02.1958	02.09.2023	Izmir, TUR	BAMACS	w + 0.6
80mH	0,686m	F70	20.24	Eleni GOUZIA	GRE	07.01.1945	19.09.2015	Thessaloniki, GRE	BAMACS	
400mH	0,762m	F35	58.38	Christina CHATZI-NEAG	GRE	26.12.1976	20.07.2013	Athens, GRE	Greek seniors championships	
400mH	0,762m	F40	68.69	Snezana STANCETIC	SRB	15.12.1960	26.07.2004	Aarhus, DEN	EMACS	
400mH	0,762m	F45	64.18	Anastasia THOMAIDOU	GRE	30.01.1978	22.09.2023	Pescara, ITA	EMACS	
300mH	0,762m	F50	50.45	Pinar SOYDEMIR	TUR	09.03.1972	23.09.2023	Pescara, ITA	EMACS	
300mH	0,762m	F55	51.82	Hulya Figen KARADAG	TUR	05.05.1968	02.09.2023	Izmir, TUR	BAMACS	
300mH	0,686m	F60	57.25	Marcela PACRITA	ROU	20.06.1954	28.08.2014	Izmir, TUR	EMACS	
200mH	0,696	F70	56.00	Ana JERMAN	SLO	23.04.1954	29.08.2025	Varazdin, CRO	BAMACS	-1.8
2000mSt		F35	7:07.86	Tea FABER	CRO	27.06.1989	07.07.2024	Zagreb, CRO	Meeting MLADOST	
2000mSt	0,762m	F40	7:46.66	Slavica POZNIC	SLO	07.05.1960	14.07.2001	Brisbane, AUS	World masters championships	
2000mSt	18	F45	8:03.40	Krasimira CHAHOVA	BUL	17.09.1967	22.10.2013	Porto Alegre, BRA	World masters championships	
2000mSt	Barriers, 5	F50	8:32.82	Mariana PARJU	ROU	27.07.1971	25.09.2022	Thessaloniki, GRE	BAMACS	
2000mSt	Water	F55	8:43.87	Philippa POULIDOU	GRE	11.05.1969	13.08.2024	Gothenburg, SWE	World masters championships	
2000mSt	jumps)	F60	9:20.84	Marcela PACRITA	ROU	20.06.1954	29.08.2014	Izmir, TUR	European masters championships	
5000mw		F35	21:06.4	Antigoni DRISBIOTI	GRE	21.03.1984	24.06.2022	Karpenisi, GRE	Greek national championships	
5000mw		F40	25:36.10	Kalliopi GAVALAKI	GRE	24.12.1966	27.09.2009	Izmir, TUR	Balkan masters championships	
5000mw		F45	27:39.24	Aggeliki MAKRI	GRE	25.09.1978	06.07.2024	Thiva, GRE	Greek masters championships	
5000mw		F50	27:33.62	Kalliopi GAVALAKI	GRE	24.12.1966	06.09.2019	Venezia, ITA	European Masters games	
5000mw		F55	29:19.63	Kalliopi GAVALAKI	GRE	24.12.1966	15.10.2025	Madeira, POR	EMACS	
5000mw		F60	32:50.4	Paula CHIURLEA	ROU	29.06.1943	20.09.2003	Katerini, GRE	Balkan masters championships	
5000mw		F65	30:55.51	Emilia GUSAT	ROU	21.02.1943	27.09.2009	Izmir, TUR	Balkan masters championships	
5000mw		F70	37:40.0	Ksenia NIKOLAEVA	MDA	10.11.1927	09.09.2000	Katerini, GRE	Balkan masters championships	
5000mw		F75	40:16.51	Elena PAGU	ROU	25.07.1926	24.08.2005	San Sebastian, ESP	World masters championships	
5000mw		F80	41:16.70	Elena PAGU	ROU	25.07.1926	06.09.2007	Riccione, ITA	World masters championships	
5000mw		F85	44:22.65	Elena PAGU	ROU	25.07.1926	02.07.2016	Bucharest, ROU	Romanian masters championships	
5000mw		F90	43:16.37	Elena PAGU	ROU	25.07.1926	24.09.2016	Novi Sad, SRB	Balkan masters championships	
10000mwR		F35	46:23.0	Antigoni DRISBIOTI	GRE	21.03.1984	19.05.2019	Alytous, LIT	International race walking	

10000mwR		F40	50:43.0	Aggeliki MAKRI	GRE	25.09.1978	12.05.2019	Patra, GRE	Walking festival	
10000mwR		F45	58:13.0	Mariya ANGELOVA	BUL	04.03.1980	14.10.2025	Madeira,POR	EMACS	
10000mwR		F50	59:37.2	Andreja POKLAR	SLO	26.08.1966	07.04.2018	Trzic, SLO	Slovenian masters championships	
10000mwR		F55	1:00.30	Kalliopi GAVALAKI	GRE	24.12.1966	31.03.2023	Turun, POL	WMACI	
10000mwR		F60	1:10:46	Emilia GUSAT	ROU	21.02.1943	08.07.2003	Carolina, PUR	World masters championships	
10000mwR		F65	1:13:65	Emilia GUSAT	ROU	21.02.1943	04.08.2009	Lahti, FIN	World masters championships	
10000mwR		F70	1:20:30	Elena PAGU	ROU	25.07.1926	13.07.2001	Brisbane, AUS	World masters championships	
10000mwR		F75	1:27:53	Elena PAGU	ROU	25.07.1926	01.09.2005	San Sebastian, ESP	World masters championships	
10000mwR		F80	1:23:09	Elena PAGU	ROU	25.07.1926	10.09.2007	Riccione, ITA	World masters championships	
10000mwR		F90	1:31:21	Elena PAGU	ROU	25.07.1926	31.10.2016	Perth, AUS	World masters championships	
LJ		F35	6.57	Ivana ŠPANOVIĆ	SRB	10.05.1990	02.08.2025	Kraljevo, SRB	Serbian national championships	w -2.3
LJ		F40	5.39	Florina MARIN	ROU	05.10.1974	23.09.2017	Stara Zagora, BUL	BAMACS	
LJ		F45	5.70	Magdalena HRISTOVA	BUL	25.02.1977	24.09.2022	Thessaloniki, GRE	BAMACS	w -0.2 (WR)
LJ		F50	5.16	Ana DAFTSOU	GRE	25.09.1970	05.06.2021	Alexandroupolis (GRE)	Greek masters meeting	w 1.2
LJ		F55	5.46	Renata NOVOSEL	CRO	28.11.1967	08.07.2023	Varaždin, CRO	Croatian masters championship	w -1.5 (WR)
LJ		F60	3.90	Rozka STANCHEVA	BUL	02.05.1932	18.07.1995	Pleven, BUL	Bulgarian masters championships	
LJ		F65	3.49	Rozka STANCHEVA	BUL	02.05.1932	18.07.1999	Sofia, BUL	Bulgarian masters championships	
LJ		F65	3.49	Eleni GOUZIA	GRE	07.01.1945	20.07.2010	Nyiregyhaza, HUN	European masters championships	
LJ		F70	3.47	Rozka STANCHEVA	BUL	02.05.1932	11.09.2004	Istanbul, TUR	BAMACS	
LJ		F75	3.36	Rozka STANCHEVA	BUL	02.05.1932	05.09.2007	Riccione, ITA	World masters championships	
LJ		F80	2.75	Rozka STANCHEVA	BUL	02.05.1932	09.08.2013	Torino, ITA	World masters games	
LJ		F85	2.12	Rozka STANCHEVA	BUL	02.05.1932	11.09.2018	Malaga, ESP	World masters championships	
TJ		F35	14.24	Olga BOLSHOVA	MDA	16.06.1968	28.06.2003	Alcala de Henares, ESP	International meeting	
TJ		F40	13.36	Bijana TOPIC	SRB	17.10.1977	07.07.2018	Krusevac, SRB	Serbian seniors championships	
TJ		F45	11.09	Fani LYKOU	GRE	13.02.1976	08.07.2022	Tampere,FIN	WMACS	w +1.5
TJ		F50	10.12	Hulya Figen KARADAG	TUR	05.05.1968	25.09.2022	Thessaloniki, GRE	BAMACS	w + 0.4
TJ		F55	10.41	Hulya Figen KARADAG	TUR	05.05.1968	03.06.2023	Istanbul, TUR	Istanbul athl. Trial competition	w +0.9
TJ		F60	8.59	Ayten BENLI	TUR	04.10.1962	29.09.2024	Bar, MNE	BAMACS	w 0.0
TJ		F65	7.45	Hamide XAJA	ALB	10.12.1941	27.09.2009	Izmir, TUR	BAMACS	
TJ		F70	6.20	Aurelia Cornelia GRIGORESCU	ROU	25.06.1955	17.10.2025	Madeira,POR	EMACS	W -0.6
TJ		F75	4.94	Mira PUHAR	SLO	17.05.1938	07.09.2013	Zagreb, CRO	BAMACS	
TJ		F80	5.96	Rozka STANCHEVA	BUL	02.05.1932	07.08.2013	Torino, ITA	World masters games	
HJ		F35	1.98	Venelina VENEVA	BUL	13.06.1974	24.06.2011	Split, CRO	International meeting	
HJ		F40	1.90	Venelina VENEVA	BUL	13.06.1974	12.07.2014	Plovdiv, BUL	Bulgarian seniors meeting	
HJ		F45	1.53	Aycan KURTCAN	TUR	22.05.1968	19.09.2014	Bucharest, ROU	BAMACS	
HJ		F50	1.50	Aycan KURTCAN	TUR	22.05.1968	31.07.2019	Torino, ITA	World masters games	
HJ		F55	1.46	Aycan KURTCAN	TUR	22.05.1968	06.07.2024	Denizli, TUR	Turkish Masters Athletics Championships 2024	
HJ		F60	1.38	Stanka PREZELJ	SLO	26.04.1952	19.08.2012	Zittau, GER	EMACS	
HJ		F65	1.31	Stanka PREZELJ	SLO	26.04.1952	21.09.2018	Celje, SLO	BAMACS	
HJ		F70	1.25	Stanka PREZELJ	SLO	26.04.1952	10.08.2022	Ljubljana, SLO	VAD meeting	
HJ		F75	1.04	Marjeta CAD	SLO	22.01.1948	07.05.2023	Kolin, Czech R.	Interstate match	
HJ		F80	0.89	Mira PUHAR	SLO	17.05.1938	21.09.2018	Celje, SLO	Balkan masters championships	
PV		F35	4.80	Tina ŠUTEJ	SLO	08.11.1988.	17.09.2025	Tokyo,JAP	World Championships	
PV		F40	3.50	Ivona JERKOVIC	CRO	20.09.1976	12.09.2018	Malaga, ESP	World masters championships	
PV		F45	3.10	Ivona JERKOVIC	CRO	20.09.1976	08.07.2023	Varaždin, CRO	Croatian national championship	
PV		F50	2.60	Ana PECEK	SLO	13.03.1968	25.07.2020	Celje, SLO	Slovenian senior nat. Champ.	
PV		F55	2.20	Daniela MILITARU	ROU	02.12.1962	25.08.2018	Bucharest, ROU	Romanian masters championships	
SP	4kg	F35	21.89	Ivanka KHRISTOVA	BUL	19.11.1941	04.07.1976	Belmeken, BUL	Bulgarian seniors meeting	
SP	4kg	F40	14.01	Gorana TESANOVIC	BIH	09.05.1977	27.05.2017	Slovenska Bistrica, SLO	International meeting	
SP	4kg	F45	14.03	Alexandra MARGHIEVA	MDA	27.06.1959	02.06.2007	Chisinau, MDA	Moldovan seniors championships	
SP	3kg	F50	15.15	Alexandra MARGHIEVA	MDA	27.06.1959	04.08.2009	Lahti, FIN	World masters championships	
SP	3kg	F55	13.50	Mihaela LOGHIN	ROU	01.06.1952	13.06.2009	Bucharest, ROU	Romanian masters championships	
SP	3kg	F60	13.68	Mihaela LOGHIN	ROU	01.06.1952	09.06.2012	Bucharest, ROU	Romanian masters championships	
SP	3kg	F65	13.36	Mihaela LOGHIN	ROU	01.06.1952	01.07.2017	Bucharest, ROU	Romanian masters championships	WR
SP	3kg	F70	10.46	Magdalini ROULIDU	GRE	22.11.1951	28.05.2022	Alexandria, GRE	Greek masters meeting	
SP	2kg	F75	9.03	Marjeta CAD	SLO	22.01.1948	29.09.2024	Bar, MNE	BAMACS	
SP	2kg	F80	8.43	Katarina ŠPORDER	CRO	05.02.1944	31.08.2025	Varaždin, CRO	BAMACS	
SP	2kg	F85	5.31	Rozka STANCHEVA	BUL	02.05.1932	09.06.2019	Sofia, BUL	Bulgarian masters throws championships	
SP	2kg	F90	5.23	Rozka STANCHEVA	BUL	02.05.1932	13.05.2023	Sofia, BUL	Bulgarian masters throws championships	
DT	1kg	F35	67.62	Mariana LENGYEL	ROU	14.04.1953	20.02.1988	Hamilton, NZL	International meeting	
DT	1kg	F40	62.06	Lia MANOLIU	ROU	25.04.1932	13.05.1972	Bucharest, ROU	Romanian seniors meeting	
DT	1kg	F45	57.90	Tsvetanka KHRISTOVA	BUL	14.03.1962	01.07.2007	Plovdiv, BUL	Bulgarian seniors meeting	
DT	1kg	F50	42.33	Alexandra MARGHIEVA	MDA	27.06.1959	01.08.2009	Lahti, FIN	WMACS	
DT	1kg	F55	38.32	Maria COTOLUPENCO	MDA	02.08.1955	11.07.2011	Sacramento, USA	WMACS	
DT	1kg	F60	36.73	Maria COTOLUPENCO	MDA	02.08.1955	10.09.2018	Malaga, ESP	WMACS	
DT	1kg	F65	28.40	Penka HARALAMBIEVA	BUL	01.12.1936	16.06.2004	Sofia, BUL	Bulgarian masters championships	
DT	1kg	F70	25.89	Penka HARALAMBIEVA	BUL	01.12.1936	09.09.2007	Riccione, ITA	WMACS	
DT	0,75kg	F75	23.58	Penka HARALAMBIEVA	BUL	01.12.1936	21.09.2014	Bucharest, ROU	BAMACS	
DT	0,75kg	F80	17.66	Katarina ŠPORDER	CRO	05.02.1944	25.05.2024	Celje, SLO	11th Interstate Masters Competition	

DT	0,75kg	F85	14.50	Rozka STANCHEVA	BUL	02.05.1932	20.05.2018	Sofia, BUL	Bulgarian masters throws championships	
DT	0,75kg	F90	11.01	Rozka STANCHEVA	BUL	02.05.1932	08.05.2022	Sofia, BUL	Bulgarian masters throws championships	
JT	600g	F35	66.10	Martina RATEJ	SLO	02.11.1981	14.07.2018	Celje, SLO	Slovenian seniors championships	
JT	600g	F40	61.23	Felicia MOLDOVAN	ROU	29.09.1967	06.06.2008	Bucharest, ROU	Romanian seniors championships	
JT	600g	F45	53.26	Felicia MOLDOVAN	ROU	29.09.1967	08.06.2013	Zaragoza, ESP	International meeting	
JT	500g	F50	41.12	Savva LIKA	GRE	27.06.1970	04.09.2022	Athens, GRE	Petros Akkrivakis Games	
JT	500g	F55	44.44	Natasa URBANCIC	SLO	25.11.1945	20.08.2002	Potsdam, GER	European masters championships	WR
JT	500g	F60	31.29	Margareta ANTON	ROU	28.02.1961	25.09.2023	Pescara,ITA	EMACS	
JT	500g	F65	22.32	Milena BANKOVIĆ	SRB	26.12.1960	15.03.2026	Novo Mesto,SLO	BAMACI	
JT	500g	F70	21.55	Magdalini ROULIDU	GRE	22.11.1951	13.03.2022	Novo Mesto,SLO	BAMACI	
JT	400g	F75	19.61	Angela MINCULESCU	ROU	11.04.1935	09.06.2012	Bucharest, ROU	Romanian masters championships	
JT	400g	F80	16.70	Angela MINCULESCU	ROU	11.04.1935	19.09.2015	Thessaloniki, GRE	Balkan masters championships	
HT	4kg	F35	75.95	Zalina MARGHIEVA	MDA	05.02.1988	11.05.2024	Balchik, BLR	12th Throwing Tournament - Dionisopolis	
HT	4kg	F40	67.96	Yipsi MORENO	ALB	19.11.1980	25.06.2025	Maribor, SLO	EA Team Championship, 3rd division	
HT	4kg	F45	41.87	Yianna PANAVOGLOU	GRE	09.05.1977	23.09.2022	Thessaloniki, GRE	BAMACS	
HT	3kg	F50	35.63	Maria POLOMARKAKI	GRE	22.07.1966	03.11.2018	Heraklion, GRE	Greek masters championships	
HT	3kg	F55	34.35	Teodora ALBRECHT	ROU	08.03.1946	03.10.2003	Weiblingen, GER	German masters meeting	
HT	3kg	F60	36.26	Teodora ALBRECHT	ROU	08.03.1946	01.08.2008	Ljubljana, SLO	EMACS	
HT	3kg	F65	34.08	Teodora ALBRECHT	ROU	08.03.1946	30.06.2012	Loffingen, GER	German masters meeting	
HT	3kg	F70	29.31	Magdalini ROULIDU TSITSOULA	GRE	22.11.1951	10.10.2025	Madeira,POR	EMACS	
HT	2kg	F75	24.89	Zvezdana KRŽIČ	SLO	01.08.1947	25.06.2023	Celje, SLO	Slovenian masters championship	
HT	2kg	F80	19.88	Angela MINCULESCU	ROU	11.04.1935	04.07.2015	Bucharest, ROU	Romanian masters championships	
HT	2kg	F85	8.00	Rozka STANCHEVA	BUL	02.05.1932	09.06.2019	Sofia,BUL	Bulgarian masters throwing m.	
HT	2kg	F90	6.75	Rozka STANCHEVA	BUL	02.05.1932	11.05.2024	Sofia,BUL	Bulgarian masters throws championships	3kg hammer was used in the competition
WT	9,080kg	F35	12.60	Yianna PANAVOGLOU	GRE	09.05.1977	16.09.2016	Thessaloniki, GRE	Greek masters championships	
WT	9,080kg	F40	13.35	Ioanna PANAVOGLOU	GRE	09.05.1977	16.06.2019	Karditsa, GRE	Greek masters championships	
WT	9,080kg	F45	13.22	Ioanna PANAVOGLOU	GRE	09.05.1977	23.09.2022	Thessaloniki, GRE	BAMACS	
WT	7,260kg	F50	16.21	Alexandra MARGHIEVA	MDA	27.06.1959	02.08.2009	Lahti, FIN	World masters championships	
WT	7,260kg	F55	11.54	Alexandra MARGHIEVA	MDA	27.06.1959	28.07.2017	Aarhus, DEN	EMACS	
WT	5,450kg	F60	15.22	Teodora ALBRECHT	ROU	08.03.1946	10.09.2007	Riccione, ITA	World masters championships	
WT	5,450kg	F65	14.30	Teodora ALBRECHT	ROU	08.03.1946	22.09.2012	Zella - Mehlis, GER	German masters meeting	
WT	5,450kg	F70	11.28	Magdalini ROULIDU	GRE	22.11.1951	23.09.2022	Thessaloniki, GRE	BAMACS	
WT	4kg	F75	10.37	Silva HOCEVAR TRONTELJ	SLO	08.09.1943	04.07.2021	Gorica, SLO	Slovenian national championship	
WT	4kg	F80	6.86	Marjia SRAGA	CRO	10.06.1936	02.07.2016	Zagreb, CRO	Croatian masters championships	
WT	4kg	F90	4.99	Rozka STANCHEVA	BUL	02.05.1932	08.05.2022	Sofia, BUL	Bulgarian masters throws	
TH-PEN		F35	2403	Erika PIRNAT	SLO	05.05.1976	09.10.2011	Ljubljana, SLO	Slovenian masters meeting	HT: 34.27 / SP: 9.18 / DT: 33.77 / JT: 23.57 / WT: 11.43
TH-PEN		F40	3355	Alexandra MARGHIEVA	MDA	27.06.1959	18.08.2002	Potsdam, GER	European masters championships	HT: 37.71 / SP: 12.35 / DT: 43.83 / JT: 27.49 / WT: 13.19
TH-PEN		F45	3298	Alexandra MARGHIEVA	MDA	27.06.1959	04.09.2008	Malme, SWE	European masters games	HT: 26.25 / SP: 13.06 / DT: 42.56 / JT: 22.06 / WT: 11.99
TH-PEN		F50	2688	Maria POLOMARKAKI	GRE	22.07.1966	27.05.2018	Alexandroupolis, GRE	Greek masters combined events championships	HT: 33.44 / SP: 9.47 / DT: 28.65 / JT: 21.62 / WT: 10.30
TH-PEN		F55	3048	Teodora ALBRECHT	ROU	08.03.1946	03.10.2003	Waiblingen, GER	German masters meeting	HT: 34.35 / SP: 10.03 / DT: 24.11 / JT: 22.80 / WT: 11.17
TH-PEN		F60	3601	Teodora ALBRECHT	ROU	08.03.1946	03.10.2007	Heidenheim, GER	German masters meeting	HT: 33.75 / SP: 9.97 / DT: 20.81 / JT: 29.42 / WT: 14.61
TH-PEN		F65	3572	Teodora ALBRECHT	ROU	08.03.1946	22.09.2012	Zella-Mehlis, GER	German masters meeting	HT: 33.49 / SP: 9.49 / DT: 17.92 / JT: 19.47 / WT: 14.30
TH-PEN		F70	3824	Magdalini ROULIDU	GRE	22.11.1951	08.07.2022	Tampere, FIN	WMACS	HT: 27.44 / SP:10.37 / DT: 23.29 / JT:18.35 / WT :10.04
TH-PEN		F75	2778	Marjeta CAD	SLO	22.01.1948	08.06.2024	Domzale, SLO	Championship of Slovenia and Croatia in throwing pentathlon for veterans	HT:21.09 / SP: 8.76 / DT: 18.32 / JT: 14.66 / WT: 8.33
TH-PEN		F80	1732	Mira PUHAR	SLO	17.05.1938	26.05.2018	Domzale, SLO	Slovenian masters throws meeting	HT: 16.89 / SP: 4.52 / DT: 8.08 / JT: 7.97 / WT: 5.93
HEP		F35	6093	Liliana NASTASE	ROU	01.08.1962	25.06.2000	Bucharest, ROU	Romanian seniors championships	100mH: 13.19 / HJ: 1.64 / SP: 12.92 / 200m: 24.88 / LJ: 6.03 / JT: 39.66 / 800m: 2:14.11
HEP		F40	3689	Mojca BREGANSKI	SLO	23.09.1969	28.08.2014	Izmir, TUR	EMACS	80mH: 14.51 / HJ: 1.43 / SP: 8.14 / 200m: 30.90 / LJ: 4.48 / JT: 21.11 / 800m: 2:48.64
HEP		F45	4760	Desa GRAJZL CALASAN	SLO	07.06.1970	28.07.2017	Aarhus, DEN	EMACS	80mH: 12.84 / HJ: 1.47 / SP: 9.45 / 200m: 29.48 / LJ: 4.88 / JT: 29.50 / 800m: 3:13.92
HEP		F50	3895	Cigdem CEMBERCI	TUR	18.06.1973	25.9.2023	Pescara,ITA	EMACS	80mH: 14.24 (0.0) / HJ: 1.33 / SP: 8.25 / 200m: 29.30 (+3.9) / LJ: 4.60 (+0.7) / JT: 17.42 / 800m: 4:15.05
HEP		F55	4463	Maria MOURATIDOU	GRE	12.03.1967	01-02.06.2024	Alexandroupolis, GRE	International Meeting of Composites and Individual Events	80mH: 13.92(-1.3) / HJ: 1.21 / SP: 8.23 / 200m: 30.78(-2.2) / LJ: 4.13(+2.4) / JT: 17.78 / 800m: 3:10.08
HEP		F60	4591	Marcela PACRITA	ROU	20.06.1954	28.08.2014	Izmir, TUR	EMACS	80mH: 16.46 / HJ: 1.25 / SP: 7.73 / 200m: 32.70 / LJ: 3.69 / JT: 20.33 / 800m: 2:59.77
HEP		F65	3560	Eleni GOUZIA	GRE	07.01.1945	18.07.2010	Nyiregyhaza, HUN	EMACS	80mH: 19.59 / HJ: 1.06 / SP: 7.54 / 200m: 38.74 / LJ: 3.49 / JT: 19.34 / 800m: 3:58.16
4x100m		F35	54.21	A. Mrcic (26.10.67), R. Novosel (28.11.67), J. Erceg (30.7.71), I. Jerkovic (20.9.76)	CRO		06.07.2013	Zagreb, CRO	BAMACS	
4x100m		F40	54.35	Busuioc,Lupescu,Hordo,Gheorghiu	ROU		20.09.2019	Bucharest, ROU	BAMACS	
4x100m		F45	56.04	B. Graic (27.7.56), R. Novosel (28.11.67), S. Frlic Kolovrat (28.4.69), S. Dosen Culic (19.3.64)	CRO		26.08.2017	Ptuj, SLO	International masters meeting	
4x100m		F50	55.09	F.Anter(30.4.65),P.Soydemir(9.3.72), F.Karadag(5.5.68),C.Cemberci(18.6.73)	TUR		01.09.2023	Izmir,TUR	BAMACS	

4x100m	F55	1:07.47	K. Sonmez (15.02.1958), N. Cakmak (01.01.1956), A. Babur (01.02.1956), A. Benli (04.10.1962)	TUR	21.09.2018	Celje, SLO	BAMACS
4x100m	F60	1:11.08	V. Gancheva (21.8.47), D. Bakalova (24.8.44), K. Petkova (20.10.47), Z. Shipoklieva (26.3.48)	BUL	04.10.2008	Bar, MNE	BAMACS
4x100m	F65	1:22.90	M. Ene (24.11.1938), M. Pop (15.06.1949), E. Pall (03.12.1950), R. Prodan (18.08.1949)	ROU	23.09.2016	Novi Sad, SRB	BAMACS
4x400m	F35	4:23.82	M. Arnaudova (6.6.71), Y. Borisova (24.7.67), K. Nikolova (15.8.70), K. Chahova (17.9.67)	BUL	05.10.2008	Bar, MNE	BAMACS
4x400m	F40	4:42.85	M. Pacrita (20.06.1954), E. Cacovean (12.05.1955), F. Balan (29.03.1955), I. Beres (30.11.1961)	ROU	08.09.2002	Istanbul, TUR	BAMACS
4x400m	F45	4:55.13	Vasiloanca, Gioc, Pasare, Ionescu	ROU	21.09.2019	Bucharest, ROU	BAMACS
4x400m	F50	5:23.96	M. Bazavan (30.07.1955), M. Pacrita (20.06.1954), M. Pop (15.06.1949), M. Mois (31.08.1954)	ROU	24.09.2006	Athens, GRE	BAMACS
4x400m	F55	5:39.79	Ciobanu, Bors, Beres, Aristita	ROU	24.09.2022	Thessaloniki, GRE	BAMACS
4x400m	F60	6:59.18	R. Arabaci (14.2.62), F. Musal (15.5.57), A. Yildiz (29.8.51), N. Cakmak (1.1.56)	TUR	02.09.2023	Izmir, TUR	BAMACS
8-4-2-100m	F35	4:15.03	A. Thomaidou (30.1.78), F. Lykou (13.2.76), A. Daftsou (25.9.70), K. Trambidou (1.7.67)	GRE	19.09.2015	Thessaloniki, GRE	BAMACS
8-4-2-100m	F40	4:15.19	A. Thomaidou (30.1.78), V. Georgiadu (22.1.80), A. Daftsou (25.9.70), M. Mouratidou (12.3.67)	GRE	25.09.2022	Thessaloniki, GRE	BAMACS
8-4-2-100m	F45	4:38.50	Parju, Paun, Vasiloanca, Ancateu	ROU	25.09.2022	Thessaloniki, GRE	BAMACS
8-4-2-100m	F50	4:43.21	S. Dokuzlar (30.10.64), B. Kilic (30.11.65), F. Anter (30.4.65), A. Benli (04.10.62)	TUR	24.09.2017	Stara Zagora, BUL	BAMACS
8-4-2-100m	F55	5:13.03	P. Bors (13.03.1965), I. Beres (30.11.1961), A. Eremia (24.05.1954), I. R. Szabo (14.10.1962)	ROU	29.09.2024	Bar, MNE	BAMACS
8-4-2-100m	F60	5:39.77	E. Pall (03.12.1950), M. Pacrita (20.06.1954), M. Pop (15.06.1949), R. Prodan (10.08.1949)	ROU	19.09.2015	Thessaloniki, GRE	BAMACS
8-4-2-100m	F65	6:02.07	E. Pall (03.12.1950), M. Pop (15.06.1949), M. Ene (24.11.1938), R. Prodan (10.08.1949)	ROU	25.09.2016	Novi Sad, SRB	BAMACS

4 x100 m	X35	48.31	Bobos-Drăgusin, Moraru, Bobos, Andc	ROU	30.8.2025	Varaždin, CRO	BAMACS
4x100 m	X40	52.06	Hristova, Angelova, Petrov, Bozukov	BUL	30.8.2025	Varaždin, CRO	BAMACS
4x100 m	X45	54.77	Ciocan, Szekely, Gavanescu, Amuza	ROU	30.8.2025	Varaždin, CRO	BAMACS
4x100 m	X50	52.94	Mouratidu, Daftsou, Tsiolis, Kokkos	GRE	30.8.2025	Varaždin, CRO	BAMACS
4x100 m	X55	55.59	Lacković, Novosel, Samac, Zetić	CRO	30.8.2025	Varaždin, CRO	BAMACS
4x100 m	X60	66.09	Nikolova, Ancheva, Hristov, Chilikov	BUL	30.8.2025	Varaždin, CRO	BAMACS
4x100 m	X65	96.70	Ploumi, Vainia, Mpertsimas, Spitalas	GRE	30.8.2025	Varaždin, CRO	BAMACS
4x100 m	X70	70.15	Eremia, Grigorescu, Grigorescu, Neag	ROU	30.8.2025	Varaždin, CRO	BAMACS